

YOUR FUTURE IN

Internal Medicine

BEGINS HERE



ChristianaCare Internal Medicine Residency Program

Program Mission

To provide outstanding internal medicine residency training and develop future healthcare leaders in a supportive yet challenging educational environment that fosters clinical and academic excellence, humanism, professionalism, scholarly inquiry and wellness.

Program Offerings

- A challenging academic curriculum in a supportive, collegial environment.
- Inpatient rotations in a 1000+-bed Level 1 trauma center and tertiary referral center with incredible patient diversity and breadth of pathology.
- Two training facilities offering suburban and urban training experiences.
- Excellent placement for our residents in competitive fellowships and post-residency jobs.
- On-site fellowships in cardiology, interventional cardiology, advanced heart failure, hospice and palliative medicine, sports medicine, clinical informatics, and quality and safety.
- Outstanding scholarly opportunities in original research and quality improvement.
- Residencies in categorical internal medicine, combined medicine/pediatrics and combined internal medicine/emergency medicine.

Unique Features

- Largest teaching affiliate of Sidney Kimmel Medical College at Thomas Jefferson University, Philadelphia, and branch campus site for the Philadelphia College of Osteopathic Medicine.
- State-of-the-art, 9,000-square foot simulation center.
- Optional global health track, resident research training program, "pocket MBA," advanced quality improvement elective and leadership training opportunities.
- A culture of wellness.
- As the largest health system in Delaware, we are invested in the health of our state and our community.

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Curriculum

- Rich experience in inpatient medicine, critical care and ambulatory medicine.
- Comprehensive didactic program includes morning report, noon lecture, ambulatory academic half day, intern report, resident board review and numerous sub-specialty conferences.
- With numerous elective and extra-curricular opportunities, each resident can tailor the residency experience to his/her unique needs.

4+2 Scheduling Model

- Our training follows a "4+2" block scheduling model, designed to de-conflict inpatient and outpatient responsibilities.
- Four-week inpatient medicine experiences are alternated with two-week ambulatory medicine experiences.

Enhanced Curricular Offerings

- Global health track.
- "Pocket MBA" in conjunction with the University of Delaware.
- Research "boot camp" training program.
- Leadership electives.
- Advanced master's level QI course.
- Health and technology innovations elective.

Wellness

- Annual offsite retreats focused on team building, leadership and teaching skills.
- Ice cream rounds with representatives from the Center for Provider Wellbeing.
- Monthly events planned by the Resident Wellness Committee.
- Parental leave policy.
- A truly wellness-focused environment.

Sample PGY-1 Schedule

blocks	Intern 1	Intern 2	Intern 3
1a	Orientation	Orientation	Orientation
1b	Ambulatory - Elective	Inpatient Floors	ED
2a	Inpatient Floors	Ambulatory - Elective	Inpatient Elective
2b	Inpatient Floors	Inpatient Floors	Ambulatory - Elective
3a	Ambulatory - Elective	Inpatient Floors	Inpatient Floors
3b	Night Float	Ambulatory - Elective	Inpatient Floors
4a	Inpatient Elective	CICU	Ambulatory - Elective
4b	Ambulatory - Elective	CICU	MICU
5a	MICU	Ambulatory - Elective	MICU
5b	MICU	Inpatient Floors	Ambulatory - Elective
6a	Ambulatory - Elective	Inpatient Floors	Inpatient Floors
6b	Vacation	Ambulatory - Elective	Inpatient Floors

1 block (a or b) = 2 weeks

